



## Sending your Impressions to us

Click or go to the following link:

<http://www.royalmail.com/track-my-return/create/7554>

1. Enter your practice name in **full**.
2. Select '**New Parcel**' as your return reason.
3. Enter **your contact** details.
4. Tick the box to confirm your parcel does not exceed:

Max Weight **20kg**

Parcel Dimensions **61 x 46 x 46 cm**

(NOTE: *the average set of impressions will be less than 1kg*)

5. Click '**Create your label**'
6. You have now been sent an email with a QR code. Visit your local Royal Mail Customer Service Point or Post Office. They'll scan your code, print a label for you, and provide a receipt with your tracking number. *This method is recommended for full traceability.*

You can also print the label yourself and place it into any post box. *(This method will not allow tracking until it reaches the depot for sorting)*

You can also arrange for the parcel to be collected the next day. *(Please amend the return date of the work by +1 day if you choose this option)*